

Breast density letters may leave women unsure of next steps

Breast density notification letters vary substantially, and some states' letters are difficult to understand, according to a study in the Journal of the American Medical Association. The authors observed variations in content including follow-up guidance and in literacy levels. If women can't understand the wording or don't recognize that they should talk with their physician about their cancer risk and future screening tests, they may experience anxiety, incur increased costs and undergo unnecessary tests or miss needed follow-up.

[National Public Radio](#) (4/26)